



The New Fountain of Youth For Men & Women. Look. Feel. Live Younger Longer.

HGH is secreted from the pituitary gland, and it is like a switch that turns on all your other hormones.

To understand what Human Growth Hormone (HGH) does in the body we need to look at the hormonal system (also called the endocrine system) and how it works.

Hormones created by the glands in this system control nearly all of the processes in your body. These hormones are very specialized chemicals that help regulate mood, growth/development, metabolism, reproduction, the way our organs work, and even sleep.

Some of these hormones may be familiar to you, they include estrogen, progesterone, testosterone, melatonin, serotonin, and adrenaline.

The King of them all is Human Growth Hormone, or HGH.

Functions of Hormones

- FOOD METABOLISM.
- GROWTH AND DEVELOPMENT.
- CONTROLLING THIRST AND HUNGER.
- MAINTAINING BODY TEMPERATURE.
- REGULATING MOOD AND COGNITIVE FUNCTIONS.
- INITIATING AND MAINTAINING SEXUAL DEVELOPMENT AND REPRODUCTION.



By the time we reach the age of 40 years our production of HGH drops by roughly 85% and it continues to drop each year after that by 1-2%.

This decline in HGH impacts every aspect of our health, from the speed that we recover from injuries or exercise, to the quality and quantity of sleep that we get. The following is a partial list of indications that we are a little low in our HGH levels.

Why We Age

It's been scientifically proven that plummeting HGH levels is one of the key causes of problems commonly associated with aging.

Symptoms common with low HGH levels.

- WRINKLES ON SKIN
- REDUCED COGNITIVE FUNCTION
- DRY SKIN
- INCREASED BELLY FAT
- LOWERED LIBIDO
- MOOD SWINGS
- ELEVATED BLOOD PRESSURE
- BONE LOSS
- DECLINE IN EYESIGHT
- UNHEALTHY FINGERNAILS
- OVERALL HEALING TAKES LONGER
- ELEVATED GLUCOSE LEVELS
- HAIR LOSS AND THINNING
- GREYING OF HAIR
- LOSS OF MUSCLE STRENGTH AND DENSITY
- DECLINE IN OVERALL VITALITY
- LOSS OF JOINT STRENGTH
- ELEVATED CHOLESTEROL AND TRIGLYCERIDES
- CELLULITE
- RESTLESS SLEEP AND FATIGUE



Who is Dr. Dave Carpenter?

Dr. Dave Carpenter

Managing Member
CO-CEO of Epic-8

For over 30 years Dr. Dave Carpenter owned and operated Path to Health LLC, a holistic health clinic in Idaho Falls, Idaho. Dr. Carpenter is a Naturopathic MD and a Licensed Acupuncturist (retired) who believes that the body is designed to heal itself when we provide it with what it needs.

He is an author, a public speaker and the creator and formulator of multiple popular supplements. Dr. Carpenter has served on several industry boards including the Idaho Association of Naturopathic Medicine and the International Iridology and Medical Advisory Boards.

His unique perspective has been invaluable to many of these companies in their approach to marketing products, product testing, product development, and product education.

Along with his medical background, Dr. Carpenter has had much success in the network marketing industry, achieving top ranks in all those in which he participated.

Dr. Dave Carpenter
PHYSICIAN



Dr. Dave Carpenter
PHYSICIAN

**NATUROPATHIC PHYSICIAN &
ACUPUNCTURIST**

Dr. Dave has a unique gift for taking something complicated and explaining it to the average person in a way that they understand. That talent was used a lot over his long career as he taught people around the world about health and empowered them to take more control of their health when he spoke at events in many countries. Dr. Dave believes that health is our birthright and that we must be taught how to honor and support that birthright!

Dr. Dave was a member of many professional organizations and served on several industry boards as well as the science and medical advisory boards of several supplement manufacturing companies.

How We Know that HGH and Aging are Connected

Who heals faster?

Someone in their 20s or someone in their 60s?

Suppose we had two people injured in an accident.

Both are injured in exactly the same way and to the same degree.

The only differences between them is that one is 60 years old and the other is 25 years old.

Which would you expect to heal the quickest?

Everyone will say they expect the younger person to heal the quickest.

The significant difference is the younger person has a much higher level of HGH production cruising through their blood stream every day, signaling the body to heal and perform at higher levels.



Athletes who take HGH during the healing process and after their surgeries will heal in about half the time of a similar athlete who experiences the same injury without using HGH.

Measure the Results With GR8-1 Gel



Simply squeeze out one pump and rub it on in the morning and rub one pump on in the evening.

It's best to rub it on a firm muscle like a bicep or on a part of your body that displays some fat. Scroll below to see examples.

WEEK 1-4

Improvement in Hair, Skin, and Nails.

Higher Energy Level.

Better Joint Mobility.

More Energy That Lasts Longer Throughout The Day.

Better Quality of Sleep and More Dreams.

Improved Mental Clarity. (less anxiety and depression)

More Positive Outlook and Mood.

GR8-1 is designed to assist the endocrine (glandular) system recognize that it's not working as efficiently as it is designed to.

With the production of more HGH, the balance and functions of the other hormones it controls improve, effectively improving communication in the body, promoting healing, longevity, and increased performance of all cells.



WEEK 5-8

Loss of Fat Around Belly, Thighs, Hips, Face.

Increase in Body Mass with Tightening of Muscles and Skin.

Skin Becomes More Moist, Smooth, Less Wrinkles and Saggy Skin.

Improved Sex Drive.

Better Healing After Injuries.



WEEK 9-12

People Will Begin Telling You That You Are Looking Younger.

Stronger Bones and Connective Tissues.
(less joint inflammation)

Healthier Cholesterol Levels.

Reduced Sensitivity To Heat and Cold.

Improved Healing.

There are approximately 40 trillion cells in an adult human. The hormonal system is the communication method that the body uses to interact with each individual cell.

Hormones are messengers produced by glands that are transported through the circulatory system to communicate with each cell.

As the hormonal system ages, it becomes less efficient at this communication and cells become confused and less effective.

This process can then become what we call a "disease" or "a symptom."

Between the ages of 20 and 40, our Master Hormone, HGH, decreases by 85%. Its levels continue to dwindle by 1-2% per year .

During most symptoms of aging, you will experience a decline in your body's production of this vital hormone.

By elevating your current levels of HGH, you can look and feel younger. It's not a guess.



6 MONTHS & BEYOND

Improved Bone Density.

Overall Feeling Of Wellness And Youthfulness

Often Change In Hair Color With Less Graying.

Continued Muscle Strength Gain While Reduction In Excess Fat.

Better Mental Clarity .

Positive Mental Attitude.

People Will Continue To Compliment You On How Good You Look And Act.

How Do I Safely Increase My HGH Levels?

There are three main options to increasing your HGH levels:

Workouts that push us physically cause a slight increase in HGH levels. However, even professional athletes see their HGH levels drop off so this doesn't appear to be enough to really reap the benefits of optimized HGH levels

HGH Injection Method

Injections of "bio identical HGH hormone" – There's no doubt that this works. The biggest challenge is the cost and the need for a constant monitoring by your physician.

Average costs are \$2,000 and up per month and there is a possibility of your HGH levels getting too high which does bring in possible side-effects.

HGH Oral Capsule Method

Antecedents, or "pre-cursors" are usually capsules containing ingredients that are known to boost HGH production when combined with exercise.

The biggest drawback to these are the need for them to be taken twice daily on an empty stomach and followed by 2 hours of not eating or drinking anything but water. User compliance has proven to be the biggest downfall with these.

HGH Topical Gel Method

This is the easiest and safest way to elevate your own HGH production. Simply apply a pump of the gel to a large muscle group like the biceps, triceps, thighs, calves, etc twice a day. Most prefer applying after their shower and again before bedtime. This approach encourages your body to make more HGH and self monitor itself so everything is working as it should.

Dr. Dave's Promise

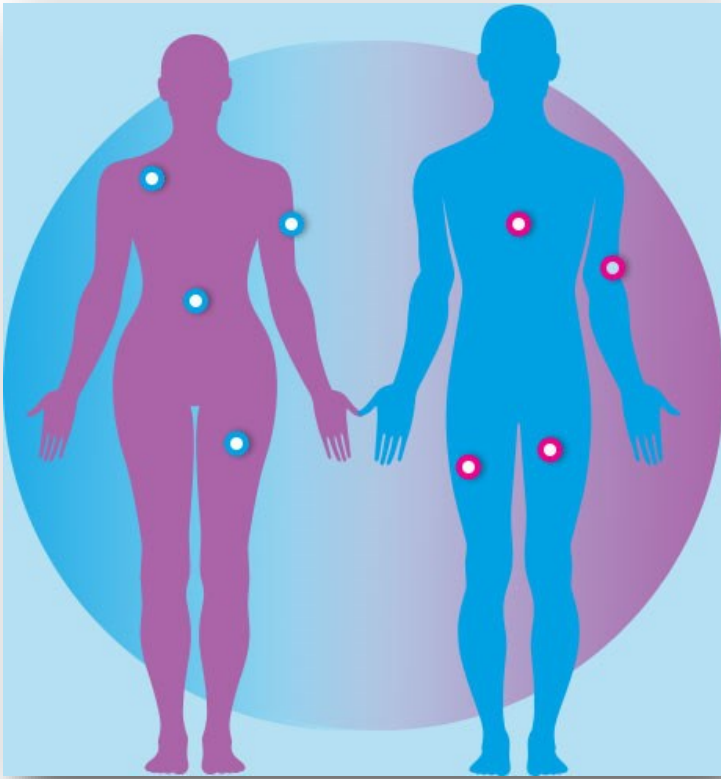
After using many other methods of increasing HGH levels, we determined that most people could either not afford or were unable to follow the usage directions and were thus not receiving the benefits that they should have.

We have designed GR8-1 to be safe and easy to use.

Just apply one pump in the morning and one pump at night and gently rub it into the skin.

Then go about with your life and reap the benefits of GR8-1!

Dr. Dave has taken the best of the Science and Nature to formulate his exclusive GR8-1 Gel



HOW TO APPLY

GR8-1 Gel should be applied to large muscle, or fatty area of the body.

You may apply GR8-1 Gel to your chest, arms, legs, and thighs.

Applied locations should be rotated so that no area of the skin gets overused.

- ★ Apply 1 pump of GR8-1 gel to the skin over a large muscle or fatty area of the body where it won't be quickly washed away.
- ★ Do this a minimum of twice daily.
- ★ Repeat every day.

Applied locations should be rotated so that no area of the skin gets overused.



Think of GR8-1 as a signal booster for your body!



Imagine that you are living in a remote area and wanted to call someone but your phone calls kept being dropped because of low signal strength.

You'd discuss this problem with the cell phone company and most likely they would offer you a signal booster as a solution.

Think of GR8-1 as a signal booster for your body that helps optimize the communication system (hormonal system).

This gel is applied topically to the skin twice daily. Just Rub It On Your Skin!

This proprietary blend contains important key ingredients that create a homeopathic template to assist your body in improving its cellular communication.

THE HIGH SIGNAL BOOSTER



BOOST YOUR

HGH SIGNAL WITH GR8-1

GR8-1 Gel is a simple, safe, and effective way to boost your HGH levels, naturally.

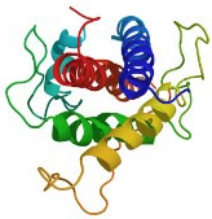
All Natural Ingredients That Simply Promote Your Body To Produce More HGH

Dr. Dave has distilled decades of hands-on industry experience into a one of a kind blend that increases pituitary gland activity, delivered trans dermally, with key ingredients shown to provide incredible benefits.

Combining GR8-1 gel into your daily routine along with a healthy lifestyle can truly help you look, feel, live younger longer!

Ingredients:

A proprietary mixture of Somatropin 10x combined with essential oils in a base of aloe vera and olive oil.



Somatropin

Human Growth Hormone made in a laboratory by combining the amino acids and peptides that constitute HGH.



Arnica

Used for bruises, sprains, muscle aches, wound healing, inflammation from insect bites and burns.



Pine Scotch

Hormone like benefits, cortisone-like, sexual stimulant, helps with high blood pressure, anti fungal, antiseptic, aids in respiratory system conditions and antidiabetic.



Spearmint

Anti-inflammatory, calming, astringent, antiseptic, mucolytic, stimulates gallbladder and promotes menstruation.



Lemongrass

Supports digestion, supports connective tissues, strengthens vascular system, promotes lymph flow and is anti-inflammatory.



Eucalyptus

An expectorant, mucolytic, antimicrobial, antibacterial, antiviral and aids respiratory system.



Peppermint

Soothes digestion, anticarcinogenic, decongestant, antibacterial, mucolytic, stimulant, hypertensive, cardiotoxic, pain relieving, anti-inflammatory for intestinal and urinary tract. Helps with mental clarity and concentration.



White Camphor

Soothes congestion of bronchi, larynx, pharynx, nasal tract and when applied to skin can also help relieve pain and inflammation.



Neem Extract

Helps reduce dry skin and wrinkles, stimulate collagen production, reduce scars, heal wounds, treat acne, minimize warts and moles.



Ivy Gourd Extract

An antibiotic, anti-diabetic and anti constipation extract.



Eggplant Extract

Used in ayurvedic medicine for diabetes and asthma.



Aloe Extract

Antioxidant, antibacterial, wound healing, reduces dental plaque, great for canker sores, lowers blood sugar levels and helps prevent wrinkles.



Tulsi Extract

Natural immune booster, anti-pyretic (fevers) and analgesic (pain reduction). Reduces respiratory disorders. Supports heart health.



Basil Extract

Protects against infections, lowers blood sugar, lowers cholesterol, reduces joint inflammation, protects stomach and GI Tract.



Turmeric Root Extract

Improves heart health, anti-inflammatory, helps improve symptoms of depression and supports brain health.



Seaweed

Helps with thyroid balancing, helps with diabetes and GI Tract health.



Tetrasodium Glutamate Diacetate

Works as a stabilizer in cosmetic formulations to prevent the natural discoloration of creams and gels. Also a heavy metal chelating agent.



Phenoxyethanol

Used as a preservative in cosmetic products, soaps and perfumes.

By the time we reach age 40 most of us are producing about 15% of the amount of HGH that we produced at age 20.

That decline continues each year that we age. Bump up your HGH levels and many of the symptoms associated with aging will vanish!

Gr8-1 is not a hormone but activates your pituitary gland to create more of your own HGH.

The effects of GR8-1 vary from person to person so we recommend rubbing the gel on your skin for three months or more for best results.

